



The Highlands School Launches Speaker Series with Dr. Shreya Hessler

Bel Air, MD (1/13/2026)— The Highlands School is pleased to announce the launch of its new Highlands Speaker Series, beginning on Tuesday, January 27th at 6:30 pm with a featured presentation by Dr. Shreya Hessler, a nationally recognized expert in ADHD, executive functioning, and learning differences.

The Speaker Series is designed for parents, educators, and community members seeking practical, research-based insight into how students who learn differently can thrive. Each event will feature trusted voices in neurodiversity and education, offering tools, understanding, and encouragement.

“Dr. Hessler’s work reflects what we believe at The Highlands School—that understanding how students are wired is the first step toward helping them succeed,” said Claudia Nachtigal, Head of School at The Highlands School. “This series is about equipping families and educators with knowledge, confidence, and hope.”

Founded in 1996, The Highlands School is an independent K–8 school in Bel Air, Maryland, serving students with language-based learning differences and executive functioning challenges. The Speaker Series is part of the school’s ongoing commitment to education, advocacy, and community engagement.

Additional speakers and event details will be announced throughout the year.

For more information, visit <https://highlandsschool.net/speaker-series/>.

Media Contact:

Claudia T. Nachtigal, MATS

Head of School

The Highlands School

cnachtigal@highlandsschool.net

410.836.1415